

MT. PLEASANT SCHOOL DISTRICT
BREAKFAST MENU JAN 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 st Happy New Years!!!	2 nd  NO SCHOOL	3 rd  NO SCHOOL
6 th  NO SCHOOL	7 th Breakfast Burrito w/ Tater Tots Assorted Benefit Bars Cereal w/ Graham Crackers	8 th Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Cereal w/ Graham Crackers	9 th Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Cereal w/ Graham Crackers	10 th Breakfast Pizza Whole Grain Cinnamon Bun Cereal w/ Graham Crackers
13 th Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Cereal w/ Graham Crackers	14 th Breakfast Burrito w/ Tater Tots Assorted Benefit Bars Cereal w/ Graham Crackers	15 th Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Cereal w/ Graham Crackers	16 th Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Cereal w/ Graham Crackers	17 th Breakfast Pizza Whole Grain Cinnamon Bun Cereal w/ Graham Crackers
20 th  NO SCHOOL	21 st Breakfast Burrito w/ Tater Tots Assorted Benefit Bars Cereal w/ Graham Crackers	22 nd Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Cereal w/ Graham Crackers	23 rd Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Cereal w/ Graham Crackers	24 th Breakfast Pizza Whole Grain Cinnamon Bun Cereal w/ Graham Crackers
27 th Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Cereal w/ Graham Crackers	28 th Breakfast Burrito w/ Tater Tots Assorted Benefit Bars Cereal w/ Graham Crackers	29 th Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Cereal w/ Graham Crackers	30 th Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Cereal w/ Graham Crackers	31 st Breakfast Pizza Whole Grain Cinnamon Bun Cereal w/ Graham Crackers

1% White Milk and Non Fat Chocolate Milk offered daily. You must select at least a 1/2 cup of fruit or vegetables from our Garden Bar with meal. See back of menu for daily choices.

MT. PLEASNT SCHOOL DISTRICT
K-8 LUNCH MENU JAN 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 st Happy New Years!!!	2 nd No School	3 rd No School
6 th No School	7 th Beef Tacos Pep or Cheese Pizza WG Crispy Chicken Sandwich Turkey & Cheese Sandwich on Whole Grain Crispy Chicken Salad	8 th Chicken Nuggets Cheesy Bread Stix w/ Dipping Sauce Hot Ham & Cheese Sandwich Turkey & Cheese Wrap Taco Salad	9 th Corn Dog w/ Whole Grain Breading Nachos Pep or Cheese Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	10 th Chicken Sticks w/Graham Crackers Mac & Cheese w/ Dinner Roll Cheese Quesadilla w/ Tortilla Chips WG Crispy Chicken Sandwich Ham, Turkey & Cheese Sandwich
13 th Spaghetti w/ Meat Sauce & Dinner Roll Turkey Hot Dog on Whole Wheat Bun Hamburger or Cheese Burger Bean & Cheese Burrito Chicken Caesar Salad	14 th Beef Tacos Pep or Cheese Pizza WG Breaded Chicken Patty Sandwich Turkey & Cheese Sandwich on Whole Grain Crispy Chicken Salad	15 th Chicken Nuggets Cheesy Bread Stix w/ Dipping Sauce Hot Ham & Cheese Sandwich Turkey & Cheese Wrap Taco Salad	16 th Corn Dog w/ Whole Grain Breading Nachos Pep or Cheese Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	17 th Chicken Sticks w/Graham Crackers Mac & Cheese w/ Dinner Roll Cheese Quesadilla w/ Tortilla Chips Crispy Chicken Sandwich Ham, Turkey & Cheese Sandwich
20 th No School	21 st Beef Tacos Pep or Cheese Pizza WG Breaded Chicken Patty Sandwich Turkey & Cheese Sandwich on Whole Grain Crispy Chicken Salad	22 nd Chicken Nuggets Cheesy Bread Stix w/ Dipping Sauce Hot Ham & Cheese Sandwich Turkey & Cheese Wrap Taco Salad	23 rd Corn Dog w/ Whole Grain Breading Nachos Pep or Cheese Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	24 th Chicken Sticks w/Graham Crackers Mac & Cheese w/ Dinner Roll Cheese Quesadilla w/ Tortilla Chips Crispy Chicken Sandwich Ham, Turkey & Cheese Sandwich
27 th Spaghetti w/ Meat Sauce & Dinner Roll Turkey Hot Dog on Whole Wheat Bun Hamburger or Cheese Burger Bean & Cheese Burrito Chicken Caesar Salad	28 th Beef Tacos Pep or Cheese Pizza WG Breaded Chicken Patty Sandwich Turkey & Cheese Sandwich on Whole Grain Crispy Chicken Salad	29 th Chicken Nuggets Cheesy Bread Stix w/ Dipping Sauce Hot Ham & Cheese Sandwich Turkey & Cheese Wrap Taco Salad	30 th Corn Dog w/ Whole Grain Breading Nachos Pep or Cheese Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	31 st Chicken Sticks w/Graham Crackers Mac & Cheese w/ Dinner Roll Cheese Quesadilla w/ Tortilla Chips Crispy Chicken Sandwich Ham, Turkey & Cheese Sandwich

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