


MT. PLEASANT SCHOOL DISTRICT
K-6 BREAKFAST MENU MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 st Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Assorted Cereal	2 nd Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Assorted Cereal	3 rd Breakfast Pizza Whole Grain Cinnamon Bun Assorted Cereal
6 th French Toast Sticks w/ Turkey Sausage Whole Wheat Bagel w/ Cream Cheese Assorted Cereal	7 th Breakfast Burrito w/ Tater Tots Assorted Benefit Bars Assorted Cereal	8 th Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Assorted Cereal	9 th Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Assorted Cereal	10 th Breakfast Pizza Whole Grain Cinnamon Bun Assorted Cereal
13 th French Toast Sticks w/ Turkey Sausage Whole Wheat Bagel w/ Cream Cheese Assorted Cereal	14 th Breakfast Burrito w/ Tater Tots Assorted Benefit Bars Assorted Cereal	15 th Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Assorted Cereal	16 th Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Assorted Cereal	17 th Breakfast Pizza Whole Grain Cinnamon Bun Assorted Cereal
20 th French Toast Sticks w/ Turkey Sausage Whole Wheat Bagel w/ Cream Cheese Assorted Cereal	21 st Breakfast Burrito w/ Tater Tots Assorted Benefit Bars Assorted Cereal	22 nd Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Assorted Cereal	23 rd Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Assorted Cereal	24 th Breakfast Pizza Whole Grain Cinnamon Bun Assorted Cereal
27 th Memorial Day	28 th Breakfast Burrito w/ Tater Tots Assorted Benefit Bars Assorted Cereal	29 th Golden Waffles w/ Turkey Sausage Whole Grain Banana Bread Assorted Cereal	30 th Egg & Cheese Muffin w/ Tater Tots Ultimate Breakfast Round Assorted Cereal	31 st Breakfast Pizza Whole Grain Cinnamon Bun Assorted Cereal

1% White Milk and Non Fat Chocolate Milk offered daily. You must select at least a 1/2 cup of fruit or vegetables from our Garden Bar with meal. See back of menu for daily choices.

MT. PLEASANT SCHOOL DISTRICT
K-6 LUNCH MENU MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 st Chicken Nuggets w/ Brown Rice Hot Ham & Cheese on Whole Grain Bun Italian Dunkers Tuna Fish Sandwich on Whole Wheat Bread Taco Salad	2 nd Nachos w/ Beans & Cheese Turkey Corn Dog w/Potato Wedges Cheese or Pepperoni Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	3 rd Spaghetti w/ Dinner Roll Crispy Chicken Sandwich Cheese Quesadilla w/ Chips American Combo Sandwich Taco Salad
6 th Cheese Quesadilla w/ Chips Turkey Hot Dog on Whole Grain Bun Bean & Cheese Burrito Ham & Cheese Wrap Chicken Caesar Salad w/ Pretzel Gold Fins	7 th Mac & Cheese w/ Whole Wheat Dinner Roll Grilled Chicken Patty Sandwich Cheese or Pepperoni Pizza Turkey & Cheese Sandwich on Whole Wheat	8 th Chicken Nuggets w/ Brown Rice Hot Ham & Cheese on Whole Grain Bun Italian Dunkers Tuna Fish Sandwich on Whole Wheat Bread Taco Salad	9 th Nachos w/ Beans & Cheese Turkey Corn Dog w/Potato Wedges Cheese or Pepperoni Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	10 th Spaghetti w/ Dinner Roll Crispy Chicken Sandwich Cheese Quesadilla w/ Chips American Combo Sandwich Taco Salad
13 th Cheese Quesadilla w/ Chips Turkey Hot Dog on Whole Grain Bun Bean & Cheese Burrito Ham & Cheese Wrap Chicken Caesar Salad w/ Pretzel Gold Fins	14 th Mac & Cheese w/ Whole Wheat Dinner Roll Grilled Chicken Patty Sandwich Cheese or Pepperoni Pizza Turkey & Cheese Sandwich on Whole Wheat	15 th Chicken Nuggets w/ Brown Rice Hot Ham & Cheese on Whole Grain Bun Italian Dunkers Tuna Fish Sandwich on Whole Wheat Bread Taco Salad	16 th Nachos w/ Beans & Cheese Turkey Corn Dog w/Potato Wedges Cheese or Pepperoni Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	17 th Spaghetti w/ Dinner Roll Crispy Chicken Sandwich Cheese Quesadilla w/ Chips American Combo Sandwich Taco Salad
20 th Cheese Quesadilla w/ Chips Turkey Hot Dog on Whole Grain Bun Bean & Cheese Burrito Ham & Cheese Wrap Chicken Caesar Salad w/ Pretzel Gold Fins	21 st Mac & Cheese w/ Whole Wheat Dinner Roll Grilled Chicken Patty Sandwich Cheese or Pepperoni Pizza Turkey & Cheese Sandwich on Whole Wheat	22 nd Chicken Nuggets w/ Brown Rice Hot Ham & Cheese on Whole Grain Bun Italian Dunkers Tuna Fish Sandwich on Whole Wheat Bread Taco Salad	23 rd Nachos w/ Beans & Cheese Turkey Corn Dog w/Potato Wedges Cheese or Pepperoni Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	24 th Spaghetti w/ Dinner Roll Crispy Chicken Sandwich Cheese Quesadilla w/ Chips American Combo Sandwich Taco Salad
27 th Memorial Day	28 th Mac & Cheese w/ Whole Wheat Dinner Roll Grilled Chicken Patty Sandwich Cheese or Pepperoni Pizza Turkey & Cheese Sandwich on Whole Wheat	29 th Chicken Nuggets w/ Brown Rice Hot Ham & Cheese on Whole Grain Bun Italian Dunkers Tuna Fish Sandwich on Whole Wheat Bread Taco Salad	30 th Nachos w/ Beans & Cheese Turkey Corn Dog w/Potato Wedges Cheese or Pepperoni Pizza Chicken Caesar Wrap Chef Salad w/ Pretzel Gold Fish	31 st Spaghetti w/ Dinner Roll Crispy Chicken Sandwich Cheese Quesadilla w/ Chips American Combo Sandwich Taco Salad

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