

SUICIDE & CRISIS HOTLINES

In case of emergency, contact 9-1-1

**Santa Clara County Suicide/Crisis Hot Lines:
1-855-278-4204 (Toll-free)**

**Alum Rock Mobile Crisis Response and Counseling (MCRC)
(for children under 18): 24/7 / Bilingual
408 -294-0579**

**Santa Clara County EMQ Mobile Crisis intervention
(for children under 18):
408-379-9085**

**County Mental Health Services CALL CENTER
Santa Clara County Crisis Outreach Referral Education Services
or "CORE"
24-hour emergency/crisis intervention.
English, Spanish, Vietnamese.
800-704-0900 (Toll-free)**

**Santa Clara County GATEWAY (drug/alcohol linkage services)
800-488-9919**

**Santa Clara County Contact Cares
(Crisis and Parental stress hotline)
408-850-6125**

**National Suicide Hotline
1-800-SUICIDE
1-800-784-2433**

**California Youth Crisis Line
1-800-843-5200**

NOTE: Crisis Intervention Team (CIT) Police are trained officers who can recognize and understand the seriousness and sensitivity of the mentally ill during a crisis situation. Request a CIT officer during all mental health emergencies.

Emergency: call 911 & request a CIT Officer

Non-Emergency: call 311 & request a CIT Office